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| First Practice: April 11, 2016  Minimum Required Days: 10  First Possible Play Date: April 22, 2016  Regular Season Contest Limit: 6  Starting Time: 3:15 Field Events / 3:30 Running Events  Post Season AD Meeting: Tuesday, May 17, 2016 | Port Townsend Blue Heron  Chimacum Eagles  Forks Spartans  Sequim Timberwolves  Stevens Stampeders  Coupeville Wolves |

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| **Wednesday, April 27** | **Wednesday, May 4** | **Tuesday, May 10** |
| Coupeville & Stevens @ Blue Heron  Chimacum & Sequim @ Forks | Coupeville & Chimacum @ Blue Heron  Sequim & Stevens @ Forks | Chimacum & Blue Heron @ Stevens  Forks & Coupeville @ Sequim |

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| **Tuesday, May 17** | **Wednesday, May 25** |
| Forks & Coupeville @ Stevens  Chimacum & Blue Heron @ Sequim | League Meet @ Blue Heron |

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| **Running Order Of Events** | **Order Of Field Events** |
| B/G 4X200 Relay  B/G 75 m Hurdles  B/G 100 m  B/G 1600 m  B/G 4X100 m Relay  B/G 400 m  B/G 200 m LH (5 Hurdles)  B/G 4X200 m Relay  B/G 60 m  B/G 800 m  B/G 200 m  B/G 4X400 m Relay  B/G 4X200 m Relay | Open @ 3:15 & Close @ 4:30 (4 attempts)  Boys 400 Turbo javelin- Girls to follow  Girls Long Jump- Boys to Follow  Girls High Jump- Boys to Follow  Boys Shot Put- Girls to Follow  Girls Discus- Boys to Follow  B/G 75 m Hurdles:  Boys have 6 Hurdles @ 36”  Girls have 7 Hurdles @ 30”  We use the green marks for boys and yellow marks for girls at PAHS track  B/G 200 LH:  Both boys and girls have 5 Hurdles @ 30”  Use the white marks common to the HS 300 LH marks |